**Notation 0.1.** F base field, E/F arbitary extension if not specified otherwise, q quadratic form over F. Moreover, we use the convention for composition, s.t.

$$(a \times b)(c \times d) = \deg(b \cdot c)a \times d$$

which might not be standard.

## 1 Rost nilpotence (for quadrics) and useful consequences

**Theorem 1.1** (Nilpotence thm for quadrics; effective version). For  $d \in \mathbb{Z}_{\geq 0}$  there exists  $N(d) \in \mathbb{Z}_{\geq 0}$  s.t. for any d-dimensional quadratic form q over F, the kernel of the restriction

$$\operatorname{res}_{E|F} : \operatorname{End}(X_q) \to \operatorname{End}(X_{q,E})$$

consists of N(d)-power nilpotents for any field extension E/F.

Ideas in the original proof of Rost. Set  $X = X_q$ .

- (1): M. Rost's Habilitationsschrift "Chow groups with coefficients" is about generalizing Chow groups, such that in particular with certain coefficients the localisation sequence extends to to a long exact sequence and many other properties of a cohomology theory ...
- (2): As in the Serre spectral sequence associated to a Serre fibration, there exists a spectral sequence associated to a fibration (or at least fiber bundle bundle)  $F \to E \to B$  over some point  $x \in F$ :

$$E_{p,q}^2 = A_p[B; A_q[F; K_*^M]] \Rightarrow A_{p+q}(E; K_*^M)$$

- <sup>1</sup> Applying the spectral sequence to the fiber bundle  $X \times B \xrightarrow{pr_2} B$  for B = X and the fact that the spectral sequence is compatible with composition (most likely just by a naturality argument), if we know that  $f \in \operatorname{End}(\operatorname{CH}(X_{\kappa(x)}))$  is zero, f also acts trivially on the associated graded of the filtration of  $\mathcal{F}A_*(X \times X; K_*^M)$ . By inspection of the construction of the filtration for \*=0 it is of length dim B (starting at 0). Hence,  $f^{\dim B+1}$  acts as zero on  $\operatorname{Hom}(X,X)$  in particular on  $\Delta_X$ .
- (3): We proceed by induction on d. As we are proving the claim for all field extensions simultaneously, we may assume that  $q_E$  is isotropic. As we have seen in the last talk

$$M(X_E) \simeq \mathbb{Z}(0) \oplus M(X_{q_{E,\mathrm{an}}})(1) \oplus \mathbb{Z}(\dim X - 1)$$

 $<sup>{}^{1}</sup>K_{\star}^{M}$  is the Milnor K-theory.

Now this decomposition gives rise to a matrix representation of f. This matrix is a triangular matrix as

$$\operatorname{Hom}(\mathbb{Z}(0), M(X_{q_{E,\operatorname{an}}})(1)) = 0 \operatorname{Hom}(\mathbb{Z}(0), \mathbb{Z}(\dim X + 1)) = 0$$
$$\operatorname{Hom}(M(X_{q_{E,\operatorname{an}}})(1), \mathbb{Z}(\dim X + 1))$$

for dimension reasons. Moreover,  $\operatorname{End}(\mathbb{Z}(i)) \to \operatorname{End}(\mathbb{Z}(i)_E)$  is an isomorphism, the two outer diagonal entries are 0. By induction the middle diagonal entry is N(d-1)-power nilpotent. Then 2 shows that N(d) = N(d-1)(d+1) does the job.

As we will see the condition above proves to be useful in studying motivic decompositions. Hence, we give it a name.

**Definition 1.2** ((Rost) nilpotence/nilpotence principal). A motive M satisfies Rost nilpotence/the nilpotence principal if and only if for every field extension E/F

$$\operatorname{res}_{E|F} : \operatorname{End}(M) \to \operatorname{End}(M_E)$$

has kernel consisting of nilpotents.

Remark 1.3. If  $X \in \text{Sm}(F)$  satisfies Rost nilpotence and  $\pi \in \text{End}(X)$  is a projector, then  $(X, \pi)$  satisfies Rost nilpotence as

$$\operatorname{End}(X) \xrightarrow{\operatorname{res}_{E|F}} \operatorname{End}(X_E)$$

$$\cup I \qquad \qquad \cup I$$

$$\pi \operatorname{End}(X)\pi \longrightarrow \pi_E \operatorname{End}(X)\pi_E$$

where  $\pi_E := \operatorname{res}_{E|F}(\pi)$ .

For the rest of this section let M, N denote motives satisfying Rost nilpotence.

**Definition 1.4.** We call a cycle  $\alpha \in CH(V_E)$  *F*-rational if  $\alpha \in im(res_{E|F})$ .

Let M be an arbitrary motive

Corollary 1.5. Given  $p \in \text{End}(M_E)$  an F-rational projector, we find an idempotent lift. Moreover, if M = M(X) for some variety X and given F-rational pairwise orthogonal projectors  $\rho_1, ..., \rho_k \in \text{End}(M_E)$  with  $\sum \rho_i = \Delta_{M_E}$  constitute a decomposition

$$M = \bigoplus_{i=1,\dots,k} (X,\rho_i)$$

*Proof.* Using the theorem above this boils down to idempotent lifting, a theorem from basic commutative algebra. The addendum is obtained by using that given a ring map  $A \xrightarrow{f} B$  (not necessarily between commutative) rings with kernel consisting of nilpotents and  $a \mapsto b$  projectors gives rise to the decomposition

$$A \simeq A/(1-a)A \times A/a \xrightarrow{\bar{f}_1 \times \bar{f}_2} B/(1-b) \times B/b \simeq B$$

allowing for induction on k.

Corollary 1.6. Let  $f \in \text{Hom}(M, N)$ ,  $g \in \text{Hom}(N, M)$  such that  $f_E := \text{res}_{E|F}(f)$  is an isomorphism. Then f is an isomorphism, too.

*Proof.* This with the commutative algebra fact that for  $A \to B$  a finite ring map with kernel consisting of nilpotents, then if a, a' become inverses upon applying f, both are units: By assumption aa' - 1 is a nilpotent, hence, aa' and by the same argument a'a are units and therefore a, a' are.

**Remark 1.7.** If we assume that M, N are motives associated to quadrics (or any varieties whose motives split into a finite sum of Tates over some field extension), then we need not assume the existence of g.

**Remark 1.8.** So in many cases we can reduce the question whether some motive has a certain decomposition to the question whether some cycle is F-rational. For this we observe what our knowledge of Chow groups tells us about F-rationality:

$$\operatorname{CH}(\mathbb{P}_F^n) \xrightarrow{\operatorname{res}_{E|F}} \operatorname{CH}(\mathbb{P}_E^n)$$

$$\operatorname{CH}(X_q) \xrightarrow{\operatorname{res}_{E|F}} \operatorname{CH}(X_{q,E}), \ q \ \operatorname{split} \ \operatorname{quadratic} \ \operatorname{form}$$

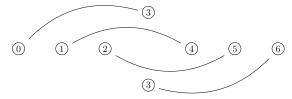
and, since in both cases we have the Künneth formula available, the same holds for products with themselves.

## 2 The motive of a Pfister quadric

**Theorem 2.1.** Let  $\pi$  an n-fold anisotropic Pfister form (or a scalar multiple)

$$M(X_{\pi}) \simeq \bigoplus_{i=0,\dots,2^{n-1}-1} R_{\pi}(i)$$

**Example 2.2.** In the case we have a 3-fold, hence, 8-dimensional Pfister form. So the picture is the following:



Remark 2.3. Let  $\pi: V \to F$  a split  $\geq 2$ -fold Pfister form,  $X \coloneqq X_{\pi}$ , with maximal totally isotropic subspace  $W \subseteq V$ . Then the image of  $\mathrm{CH}(\mathbb{P}(W)) \to \mathrm{CH}(X_{\pi})$  and the image of a hyperplane h by the pullback map  $\mathrm{CH}(\mathbb{P}(V)) \to \mathrm{CH}(X_{\pi})$ , which we also denote by h generate  $\mathrm{CH}(X_{\pi})$ . More specifically,  $h_W^i \mapsto l_{\dim W - 1 - i}$  and  $h^k k = 0, ..., \dim W$  form a  $\mathbb{Z}$ -basis. Moreover we have the multiplicative relations

- 1.  $hl_i = l_{i-1}$
- 2.  $h^{\frac{\dim X_q}{2}+1} = 2l_{\frac{\dim X_q}{2}-1}$
- 3.  $l_d l'_d = l_0$  and from this we deduce  $l_d^2 = 0 = l'_d^2$

Observe that h is F-rational even if  $\pi$  is not split. In fact,  $l_i$  is F-rational iff i(q) > i by result from last talk. Moreover, observe that  $2l_d$  is F-rational in our specific case: Fix L/F a quadratic field extension, giving rise to the following diagram

$$\begin{array}{c}
\operatorname{CH}_{d}(X_{L}) \xrightarrow{\operatorname{corestr}_{L|F}} \operatorname{CH}_{d}(X) \\
\downarrow^{\operatorname{res}_{L(\pi)|L}} & \downarrow^{\operatorname{res}_{F(\pi)|F}} \\
\operatorname{CH}_{d}(X_{L(\pi)}) \xrightarrow{\operatorname{corestr}_{L(\pi)|F}(\pi)} \operatorname{CH}_{d}(X_{F(\pi)})
\end{array}$$

where the corestriction of a finite field extension E/F is just the pushforward along the map  $X_E \to X$  (proper, as  $E \to F$  is proper iff  $E \to F$  is of finite type iff  $E \to F$  is finite (last equivalence is a consequence of Noether normalisation)). The square commutes as applying  $X \times_-$  to the fiber square

$$L(\pi) \longrightarrow L$$

$$\downarrow \qquad \qquad \downarrow$$

$$F(\pi) \longrightarrow F$$

yields a fiber square and then using the push-pull formula. Now we chase  $l_d \in CH(X_L)$  through the diagram:

$$\downarrow l_d \longmapsto l' 
\downarrow l_d \longmapsto [L(\pi): F(\pi)] l_d = 2l_d$$

where in the last line we use that the linear subspace  $\mathbb{P}(W_{L(\pi)})$  gets mapped to  $\mathbb{P}(W_{F(\pi)})$  or alternatively the restriction-corestriction formula<sup>2</sup>.

Proof of Thm. 2.1. We will only prove the theorem for  $\geq$  2-fold Pfister form as then dim  $X_q \equiv 2 \mod 4$ . In the two dimensional case the statement is just that the motive of  $X_{\pi}$  does not split into Tates over the basefield as its anisotropic.

Set  $X = X_{\pi}$  and  $2d = \dim X$ . Let  $E = F(\pi)$  (so that we know that  $2l_d$  over E is F-rational by remark 2.3) and set  $\bar{X} = X_E$ . As already mentioned, the constructing the decomposition a la Karpenko

- $\widehat{1}$  Find a decomposition of  $\Delta_{\bar{X}}$  into orthogonal projectors
- (2) and show that they are F-rational
- (3) and show that they are Tate twists of one another

For (1): As we have seen last talk

$$\Delta_{\bar{X}} = \big[\sum_{i=0}^{d-1} l_k \times h^k + h^k \times l^k\big] + l_d \times l_d' + l_d' \times l_d = \big[\sum_{i=0}^{d-1} l_k \times h^k + h^k \times l^k\big] + l_d \times \big(l_d' - l_d\big) + \big(l_d + l_d'\big) \times l_d = \big[\sum_{i=0}^{d-1} l_k \times h^k + h^k \times l^k\big] + l_d \times \big(l_d' - l_d\big) + \big(l_d + l_d'\big) \times l_d = \big[\sum_{i=0}^{d-1} l_k \times h^k + h^k \times l^k\big] + l_d \times \big(l_d' - l_d\big) + \big(l_d + l_d'\big) \times l_d = \big[\sum_{i=0}^{d-1} l_k \times h^k + h^k \times l^k\big] + l_d \times \big(l_d' - l_d\big) + \big(l_d + l_d'\big) \times l_d = \big[\sum_{i=0}^{d-1} l_k \times h^k + h^k \times l^k\big] + l_d \times \big(l_d' - l_d\big) + \big(l_d + l_d'\big) \times l_d = \big[\sum_{i=0}^{d-1} l_k \times h^k + h^k \times l^k\big] + l_d \times \big(l_d' - l_d\big) + \big(l_d + l_d'\big) \times l_d = \big[\sum_{i=0}^{d-1} l_k \times h^k + h^k \times l^k\big] + l_d \times \big(l_d' - l_d\big) + \big(l_d + l_d'\big) \times l_d = \big[\sum_{i=0}^{d-1} l_k \times h^k + h^k \times l^k\big] + l_d \times \big(l_d' - l_d\big) + \big(l_d + l_d'\big) \times l_d = \big[\sum_{i=0}^{d-1} l_i \times h^k + h^k \times l^k\big] + l_d \times \big(l_d' - l_d\big) + \big(l_d + l_d'\big) \times l_d = \big[\sum_{i=0}^{d-1} l_i \times h^k + h^k \times l^k\big] + l_d \times \big(l_d' - l_d\big) + \big(l_d + l_d'\big) \times l_d = \big[\sum_{i=0}^{d-1} l_i \times h^k + h^k \times l^k\big] + l_d \times \big(l_d' - l_d\big) + \big(l_d + l_d'\big) \times l_d = \big[\sum_{i=0}^{d-1} l_i \times h^k + h^k \times l^k\big] + l_d \times \big(l_d' - l_d\big) + \big(l_d + l_d'\big) \times l_d = \big[\sum_{i=0}^{d-1} l_i \times h^k + h^k \times l^k\big] + \big(l_d + l_d'\big) \times l_d = \big[\sum_{i=0}^{d-1} l_i \times h^k + h^k \times l^k\big] + \big(l_d + l_d'\big) \times l_d = \big[\sum_{i=0}^{d-1} l_i \times h^k\big] + \big(l_d + l_d'\big) \times l_d = \big[\sum_{i=0}^{d-1} l_i \times h^k\big] + \big(l_d + l_d'\big) \times l_d = \big[\sum_{i=0}^{d-1} l_i \times h^k\big] + \big(l_d + l_d'\big) \times l_d = \big[\sum_{i=0}^{d-1} l_i \times h^k\big] + \big(l_d + l_d'\big) \times l_d = \big[\sum_{i=0}^{d-1} l_i \times h^k\big] + \big(l_d + l_d'\big) \times l_d = \big[\sum_{i=0}^{d-1} l_i \times h^k\big] + \big(l_d + l_d'\big) \times l_d = \big[\sum_{i=0}^{d-1} l_i \times h^k\big] + \big(l_d + l_d'\big) \times l_d = \big[\sum_{i=0}^{d-1} l_i \times h^k\big] + \big(l_d + l_d'\big) \times l_d = \big[\sum_{i=0}^{d-1} l_i \times h^k\big] + \big(l_d + l_d'\big) \times l_d = \big[\sum_{i=0}^{d-1} l_i \times h^k\big] + \big(l_d + l_d'\big) \times l_d = \big[\sum_{i=0}^{d-1} l_i \times h^k\big] + \big(l_d + l_d'\big) \times l_d = \big[\sum_{i=0}^{d-1} l_i \times h^k\big] + \big(l_d + l_d'\big) \times l_d = \big[\sum_{i=0}^{d-1} l_i \times h^k\big] + \big(l_d + l_d'\big) \times l_d = \big[\sum_{i=0}^{d-1} l_i \times h^k\big] + \big(l_d + l_d'\big) \times l_d = \big[\sum_{i=0}^{d-1} l_i \times h^k\big] + \big(l_d +$$

for  $l'_d = h^d - l_d$ . Our candidate for pairwise orthogonal idempotents are

$$\pi_k \coloneqq h^k \times l_k + l_{d-k} \times h^{d-k}$$

for k = 1, ..., d - 1 and

$$\pi_0 \coloneqq 1 \times l_0 + l_d \times (l_d' - l_d) , \ \pi_d \coloneqq l_0 \times 1 + (l_d' + l_d) \times l_d$$

For (2): Our intermediate goal: Show that  $1 \times l_d + l_d \times 1$  is F-rational.

<sup>&</sup>lt;sup>2</sup>The restriction-correstriction formula says that  $\operatorname{corestr}_{L|F} \circ \operatorname{res}_{L|F} = [L:F]$ . One might recall a similar formular for Galois cohomology from number theory

<sup>&</sup>lt;sup>3</sup>Checking pairwise orthogonal and idempotent for these guys is just a verification.

Observe that  $\operatorname{Spec} F(X) \xrightarrow{\nu} X$  is a flat morphism of relative dimension  $-\dim X$  (on affines its a localisation), hence, we have a pullback morphism

$$CH_{3d}(X \times X) \to CH_d(X_{F(q)})$$

This morphism is easily seen to be surjective<sup>4</sup> Now consider the following diagram

$$\begin{array}{ccc}
\operatorname{CH}_{3d}(X \times X) & \longrightarrow & \operatorname{CH}_{d}(X_{F(q)}) \\
\downarrow^{\operatorname{res}_{E|F}} & & \downarrow^{\operatorname{res}_{E(q)|F(q)}} \\
\operatorname{CH}_{3d}(\bar{X} \times \bar{X}) & \longrightarrow & \operatorname{CH}_{d}(\bar{X}_{E(q)})
\end{array}$$

Pick a lift  $\alpha$  of  $l_d$  along the top map. Then by Künneth

$$\operatorname{res}_{E|F}(\alpha) = l_d \times 1 + a1 \times l_d + \sum_{k=0}^{d} a_i h^k \times h^{d-k}$$

for some  $a_i, a \in \mathbb{Z}$ , since for dimension reasons and inspection of the definition of pullbacks

$$f^*(l_i) = 0$$
,  $f^*(h^i) = \begin{cases} 0 & \text{, if } i \neq 0 \\ 1 & \text{, else} \end{cases}$ 

As h is defined over F and  $2l_d$  is defined over F by restriction-corestriction argument in remark 2.3,  $l_d \times 1$  or  $\rho \coloneqq l_d \times 1 + 1 \times l_d$  is F-rational. But in the first case, observe that  $1 \times l_d = (l_d \times 1)^t$  such that  $\rho$  is again F-rational.

Multiplying with  $h^i \times h^{d-i}$ , we obtain the non-special projectors in  $\bigcirc$  and observing that

$$1 \times l_0 + l_d \times h^d = (1 \times h^d)(1 \times l_d + l_d \times 1)$$
$$l_0 \times 1 + h^d \times l_d = (h^d \times 1)(1 \times l_d + l_d \times 1)$$

and using that 2 times a cycle on the product  $\bar{X} \times \bar{X}$  by the same argument as in remark 2.3, we obtain that

$$\begin{split} \pi_0 &= 1 \times l_0 + l_d \times h^d - 2l_d \times l_d \\ \pi_d &= l_0 \times 1 + h^d \times l_d \end{split}$$

$$Z_k(U \times U) \to Z_k(U \times F(\pi))$$

has [V] in its image. Also  $U \times U \hookrightarrow X \times X$  induces a surjection on cycles via pullback, hence, the statement follows.

<sup>&</sup>lt;sup>4</sup>It suffices to show that the map is a surjection on generators: Let V be a variety in  $X \times F(\pi)$ , then its generic point  $\nu_V$  lies in some affine  $U = \operatorname{Spec}(A \otimes \operatorname{Frac}(A)) \simeq U \times F(\pi) \to U \times U \simeq \operatorname{Spec}(A \otimes A)$  is a localisation, hence,

are rational.

For (3): M(X) satisfies Rost nilpotence and  $\operatorname{Hom}((X_E, \pi_k), (X_E, \pi_l)) = 0$ , i.e., over E all endomorphisms of M(X) are in diagonal form. Hence,  $(X, \pi_k)$  must also satisfy Rost nilpotence. Moreover, over E an easy computation (with the degree formula from the talk before last talk) shows that

$$(\bar{X}, \pi_0)(k)$$
 $(\bar{X}, \pi_k)$ 
 $(\bar{X}, \pi_k)$ 

are inverse equivalences for k < d for k = d one has to take

$$(\bar{X}, \pi_0)(d) \qquad (\bar{X}, \pi_d)$$

$$(l'_d + l_d) \times \times l_0 + l_0 \times (l'_d - l_d) =: \beta$$

We can write

$$1 \times l_k + l_0 \times h^{d-k} = 1 \times h^{d-k} (1 \times l_d + l_d \times 1)$$
$$h^k \times l_0 + l_{d-k} \times h^d = h^k \times h^d (1 \times l_d + l_d \times 1)$$

For the last cycle we need to show is F-rational, first we observe that

$$h^d \times l_0 + l_0 \times h^d = (h^d \times h^d)(1 \times l_d + l_d \times 1)$$

is rational. Subtracting  $2l_0 \times l_d$ , which is F-rational by a similar restriction-corestriction argument as in remark 2.3, yields  $\beta$ ; hence  $\beta$  is rational, too. So applying Corollary 1.6 finishes the proof.

**Remark 2.4.** Using Corollary 1.6 one shows that  $R_{\pi}$  is uniquely determined as the first motivic summand of  $M(X_{\pi})$  (see Prop 6.4 in "Minimal Pfister neighbors via Rost projectors" or in Rost's original paper).

**Proposition 2.5.** Given a decomposition  $\phi \perp \phi' = \pi$ , where  $\phi$  is a Pfister neighbor of  $\pi$ . Then

$$M(X_{\phi}) = \bigoplus_{i=0}^{m-1} R_{\pi}(i) \oplus M(X_{\phi'})(m)$$

where  $m = \frac{\dim \phi - \dim \phi'}{2}$ .

*Proof sketch.* This theorem is stated without proof in a paper by Karpenko and Merkurjew, where it is said that similar methods to the ones in the proof above can be applied. We are going to go a different route, using methods from EKM, namely the following strong theorem:

Claim (Vishik). Let X, Y be quadrics. Then

$$M(X) \simeq M(Y) \Leftrightarrow \dim X = \dim Y \text{ and } i(X_L) = i(Y_L) \text{ for all fields } L/F$$

Moreover, recall that  $F(\pi)/F$  can be written as a purely transcendental extension K/F followed by a quadratic extension  $F(\pi) = M/K$ .

Applied to motives, the following claim says that purely transcendental extensions allow easy lifting of motivic decompositions.

Claim. Let K/F be purely transcendental. Then for any  $X \in \operatorname{Sm}_F \operatorname{res}_{K|F} : \operatorname{CH}(X) \to \operatorname{CH}(X_K)$  is surjective.

*Proof.* Note that we can write  $K = F(\mathbb{A}_F^n)$  for some  $n \in \mathbb{N}$ . By functoriality of pullbacks we can write  $\operatorname{res}_{K|F}$  as

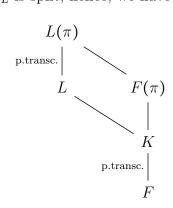
$$\mathrm{CH}^*(X) \to \mathrm{CH}^*(X \times \mathbb{A}^n_F) \to \mathrm{CH}^*(X \times \mathrm{Spec}(K))$$

By  $\mathbb{A}^1$ -invariance the first map is an isomorphism and by a previous argument the second map is surjective.

So by Witt theory of quadratic field extensions we have

$$\phi \simeq q \perp q' \langle 1, -a \rangle$$

over K with  $\dim q' = m$  s.t.  $q_M \simeq \phi'_M$ . Now we want to apply Vishik's theorem (for integral coefficients): By the claim above (up to identifying the Tate motives, which is relatively easy) we only need to apply Vishik's result with K as our base field. Over K both are anisotropic as they are isomorphic and anisotropic over  $F(\pi)$ . So assume L/K is a field extension making either q or q' isotropic. Then  $\pi_L$  is split, hence, we have a diagram as follows



As purely transcendental extensions do not change Witt indices and  $q_{F(\pi)} \simeq \phi'_{F(\pi)}$ , we are done.

**Remark 2.6** (Motivic decomposition of an excellent form). Let q be an excellent form, i.e.,

$$q = \sum_{i=0}^{r} (-1)^i \pi_i$$

in W(F) and  $\pi_0 \supset \pi_1 \supset ... \supset \pi_r$  are anisotropic Pfister forms such that  $2 \dim \pi_r < \dim \pi_{r-1}$ .

Observe that  $\pi_0 = q \perp q'$ , where q' is the excellent anisotropic form represented by  $\sum_{i=1}^{r} (-1)^{i+1} \pi_i$  (whose motivic decomposition we know by induction). Now Proposition 2.5 allows us to compute the motive of  $X_q$  in terms of  $X_{q'}$ 

In the case  $q = 11\langle 1 \rangle$ ,  $11 = 2^4 - 2^3 + 2^2 - 2^0$ , we therefore get the following motivic decomposition:

